



Johnson County Community College
Transfer Program to the University of Kansas
School of Education & Human Sciences
Health, Sport, and Exercise Sciences
Exercise Science (B.S.)
2023-2024 Catalog

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The Associate of Arts degree (A.A.) at JCCC is a general transfer degree and partners well with the first two years of most bachelor degree programs. Students pursuing the A.A. may select courses that satisfy both the A.A. degree requirements and lower division requirements for a bachelor's degree at four-year institutions. The 30 hours of electives within the A.A. allow students to complete additional general education and lower division courses required for specific majors. The A.A. degree requires completion of 60 credit hours; please see [JCCC A.A. degree requirements](#). **The maximum number of hours from a community college that will be applied toward a bachelor's degree at most four-year schools is between 60 and 64 credit hours or 50% of the degree.** Meeting with a JCCC counselor is strongly recommended for selection of appropriate courses.

- The Exercise Science program prepares individuals for careers in physical therapy, cardiac rehabilitation, and strength and conditioning.
- Students can be admitted into the Exercise Science program as transfer students if they are admitted to KU, declare Exercise Science as their major, and meet the following criteria:
 - A KU + Transfer Cumulative GPA of at least 2.75
- For information about initial admission to KU, visit the [Office of Admissions](#). Visit the [Office of International Support Services](#) for information about international admissions.
- Prospective Exercise Science students should consult an advisor early in the first year to plan efficient programs of study.
- A maximum of 64 hours may be transferred to KU from community colleges. Students should be aware that 45 junior/senior credit hours are required for completion of the bachelor's degree; 30 of those hours must be at KU; and community college courses do not transfer as junior/senior hours.
- No grade lower than a "C-" is acceptable in English, communication studies, or mathematics.
- Only 6 hours of Credit/No Credit is allowed before a student is admitted into the School of Education and Human Sciences. Once admitted, a student cannot take a class Credit/No Credit for any program requirement.
- Minimum total hours for graduation is 120.
- KU Core Requirements: The KU Core comprises three general education goals and three advanced education goals. The general education goals are best met early in a student's career. The advanced education goals are most appropriately acquired using the foundation of knowledge gained from the general education goals and progression through the major. Courses can be used to satisfy one Core goal at a time, but may satisfy a major requirement and a core goal. Students that complete the A.A. at JCCC meet the KU Core Goals 1-3. To learn more about courses that satisfy the KU Core visit: <https://credittransfer.ku.edu/>

It is the STUDENT'S RESPONSIBILITY to check for updates to all transfer information. This transfer guide is provided as a service and is updated as needed. Degree requirements at the four-year colleges are subject to change by those institutions. To ensure you have the most accurate up to date information about the program, it is imperative you meet with an advisor at the transfer institution.

Prerequisite & General Education Courses

KU Courses	JCCC Courses	KU Core
BIOL 100/102 Principles of Biology OR BIOL 150 Principles of Molecular and Cellular Biology	BIOL 121 Introductory Biology for Non-Majors OR BIOL 135 Principles of Cell and Molecular Biology	GE 3N
BIOL 240/241 Fund. of Human Anatomy/Lab	BIOL 140 Human Anatomy	N/A
BIOL 246/247 Princ. of Human Physiology/Lab	BIOL 225 Human Physiology*	N/A
BIOL 200/203 Basic Microbiology/Lab	BIOL 230/231 Microbiology*/Lab*	GE 3N
HSES 330 Principles of Nutrition & Health	BIOL 235 The Science of Human Nutrition*	N/A
CHEM 130 General Chemistry I	CHEM 124/125 General Chemistry I*/Lab*	GE 1.2
CHEM 135 General Chemistry II	CHEM 131/132 General Chemistry II*/Lab*	GE 3N
COMS 130 Speaker-Audience Communication	COMS 121 Public Speaking	GE 2.2
ENGL 101 Composition	ENGL 121 Composition I*	GE 2.1
ENGL 102 Critical Reading and Writing	ENGL 122 Composition II*	GE 2.1
HSES 269 Introduction to Exercise Science	HPER 215 Introduction to Exercise Science	N/A
**MATH 101 College Algebra OR MATH 104 Precalculus Mathematics	MATH 171 College Algebra* OR MATH 173 Precalculus*	GE 1.2
**MATH 103 Trigonometry	MATH 172 Trigonometry*	N/A
PHIL 160 Introduction to Ethics	PHIL 143 Ethics	GE 5.1
PHSX 114 College Physics I	PHYS 130 College Physics I*	GE 1.1
PHSX 115 College Physics II	PHYS 131 College Physics II*	N/A
PSYC 104 General Psychology	PSYC 130 Introduction to Psychology	GE 3S
Humanities Requirement	See list for Goal GE 3H	GE 3H
Diversity Requirement	See list for Goal AE 4.1	GE 4.1
Global Awareness Requirement	See list for Goal AE 4.2	GE 4.2

* JCCC course has a prerequisite or corequisite.

**Students may *either* complete MATH 101 & MATH 103, *or* MATH 104 [MATH 104 will count in place of MATH 101 & 103 in the Exercise Science BS curriculum.]